What is an electronic health record (EHR)?

Medical records used to be kept in paper files. Now most are kept as computer files. These digital medical charts are called electronic health records.

Your EHR may include things like:

- Health issues
- Medications
- Treatments

Your EHR is created and updated by your health care provider. If you see many health care providers, you may have many EHRs.

Why is my EHR important?

Your EHR shows your health history. It could help researchers make medical breakthroughs.

How will you keep my data safe?

We’re committed to keeping your data safe. Here are some steps we’re taking:

- We follow strict security standards.
- We use the best available tools.
- We store data on protected computers.
- We limit and track data access.
- We monitor and test our security systems.

Reasons to share your EHR with the All of Us Research Program

When your EHR is linked to other health information you share, it can help researchers spot patterns in what makes us sick or healthy, and why. These patterns can reveal important new medical insights. Sharing your EHR will not affect your access to health care or treatment.

To learn more about EHRs, visit JoinAllofUs.org.

All of Us, the All of Us logo, and “The Future of Health Begins with You” are service marks of the U.S. Department of Health and Human Services.