



**The future
of health
begins
with you**



Together, we will generate a conversation about:

- The basics of the *All of Us* Research Program
- Our current status
- Ways in which organizations can help support the program at launch and beyond

Today's Speakers



Eric Dishman
Director



Dara Richardson-Heron, MD
Chief Engagement Officer

A special update & conversation with advocacy groups:

Advocating & Accelerating Precision Health for All of Us

All of Us Research Program

April 17, 2018

allofus.nih.gov or joinallofus.org



National Institutes
of Health

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[#joinallofus](https://twitter.com/joinallofus)

**My first week of chemo, Summer
1989, Chapel Hill, NC:**

**“You won’t survive a year,
unfortunately.”**



**Yes, Whole Genome Sequencing & my complete Electronic Health Record saved my life *recently*.
Long before that, specific patient advocates & advocacy organizations saved my life *many times over!***

In all my roles, advocacy has been a key part of my life...



Important to leverage and support both advocacy “in the small” and “in the large.”

For today...

- ◎ **A reminder of (or first exposure to) the basics of AOU**
 - Mission, objectives, values, building blocks, protocol...
- ◎ **Update on accomplishments and status of the program**
 - Beta phase
 - Upcoming launch
 - Plans for data access
- ◎ **Catalyze a conversation that goes well beyond today's call**
 - Vision of stitching together cohorts, registries, biobanks, etc.
 - Key areas of collaboration with advocacy community
 - Help shape the science, and thus, the breakthroughs
 - Help communicate, recruit, and manage expectations
 - Help build robust ecosystem of funders to leverage the national resource

**Invitations went out primarily to patient/research advocacy orgs—but apparently spread well beyond!
Cool, all are welcome, but am focusing especially on those organizations. And harder to be interactive.**

The “basics”: overview of the *All of Us* Research Program

All of Us Research Program Mission and Objectives

Nurture relationships

with one million or more participant partners, from all walks of life, for decades



Our mission

To accelerate health research and medical breakthroughs, enabling individualized prevention, treatment, and care for all of us



Deliver one of the largest, richest

biomedical datasets ever

that is easy, safe, and free to access

Catalyze the robust ecosystem

of researchers and funders hungry to use and support it



All of Us Research Program Mission and Objectives **ARE LARGER THAN US!**

Nurture relationships

with one million or more participant partners, from all walks of life, for decades



How do we all promote understanding of precision medicine, research participation?

What are the evidence-based methods for reaching & building trust with diverse & especially vulnerable populations?

How can AOU build relationships and recruitment with your community of patients & family members?

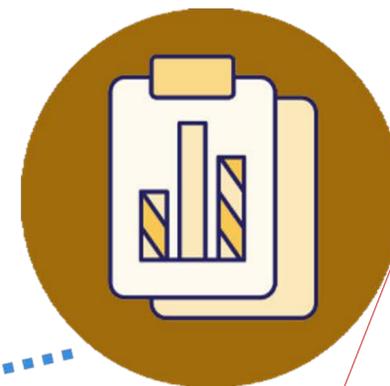
Shared advocacy efforts for more research support?

How to build common roadmaps of key focus areas, methods, & data types needed for your domain across funders?

How to make sure “if we build it, they—your ecosystem of researchers—will come!”?

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Catalyze the robust ecosystem

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How do we solve common challenges of EHR access, genetic return of info, reliability of mobile devices, etc.?

What can we do to improve security & privacy practices?

And help researchers get storage/compute support?

All of Us Research Program Core Values

- ⦿ Participation in the *All of Us* Research Program will be **open** to interested individuals.
- ⦿ The Program will reflect the rich **diversity** of America.
- ⦿ Participants will be **partners** in the Program.
- ⦿ Trust will be earned through robust **engagement** and full **transparency**.
- ⦿ Participants will have **access** to information and data about themselves.
- ⦿ Data from the Program will be broadly **accessible** to **empower research**.
- ⦿ The Program will adhere to the PMI **Privacy** and **Trust** Principles and the PMI **Data Security** Policy Principles and Framework.
- ⦿ The Program will be a catalyst for **innovative research** programs and policies.

Summary of our approach & protocol

Deliver Rich, Longitudinal Resource:

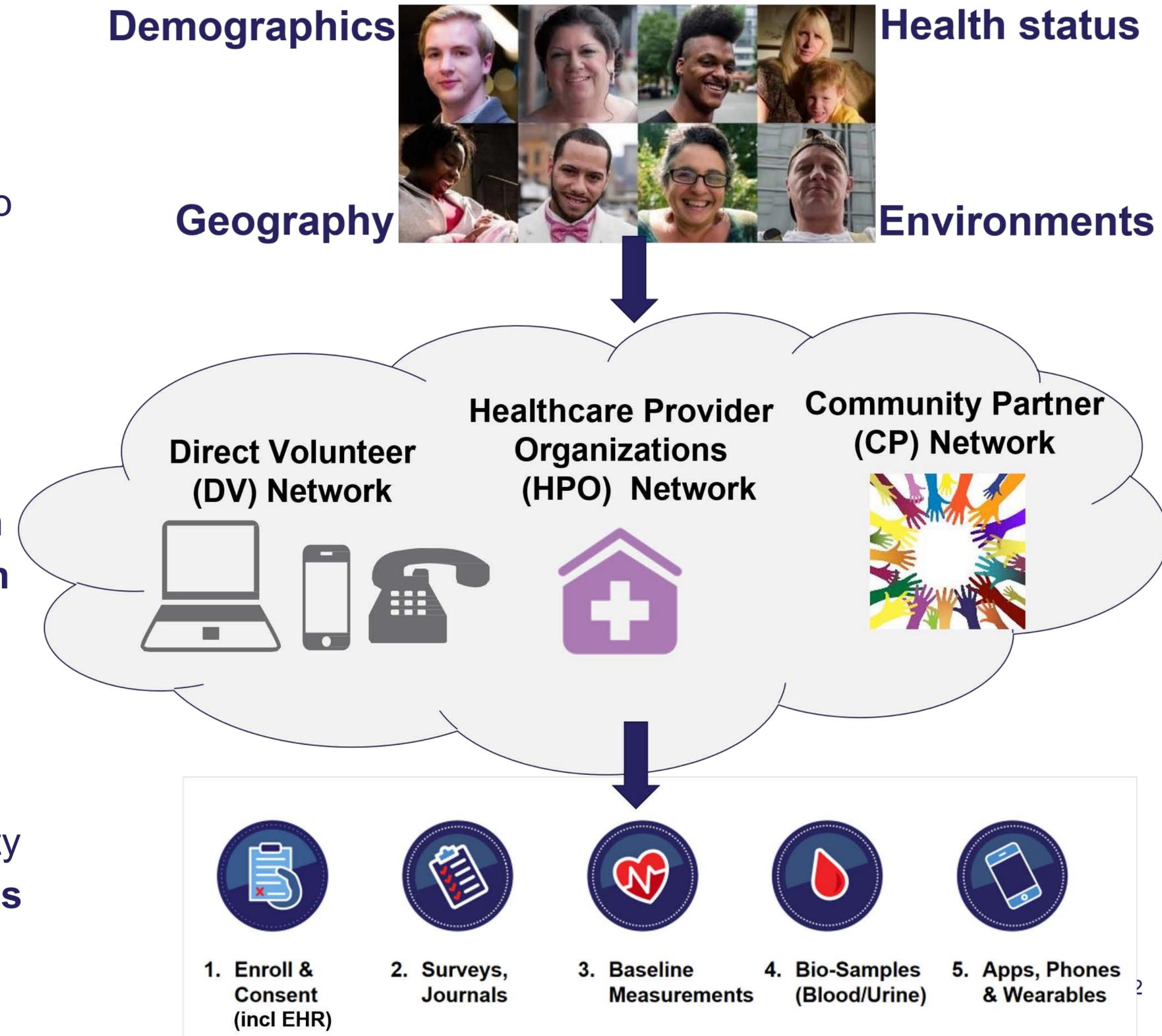
Deliver a **national resource** of deep clinical, environmental, lifestyle, & genetic data from **one million participants** who are consented & engaged to provide data on an ongoing, **longitudinal basis** (60+ years!)

With a Diversity of Participants:

Reflect the **broad diversity** of the U.S.—all ages, races/ ethnicities, gender, SES, geographies, & health status—by over-recruiting those **underrepresented in biomedical research**

For a Diversity of Researchers:

Build the **tools & capabilities** that make it easy for researchers from citizen scientists to premier university labs to make discoveries using the **data & biosamples** and through **ancillary studies** w/ the cohort



Major building blocks of the *All of Us* Research Program consortium

DATA AND RESEARCH CENTER

Big data capture, cleaning, curation, & sharing in secure environment

Vanderbilt, Verily, Broad Institute

BIOBANK

Repository for processing, storing, & sharing biosamples (35+M vials)

Mayo Clinic

PARTICIPANT TECHNOLOGY SYSTEMS CENTER

Web & phone-based platforms for participants

Vibrent Health

PARTICIPANT CENTER / DV NETWORK

Direct volunteer participant enrollment, digital engagement innovation, & consumer health technologies

*Scripps Research Institute
(with multiple partners)*

HEALTHCARE PROVIDER ORGS NETWORK

HPOs with clinical & scientific expertise, enrollment & retention of participants

30+ regional med centers, FQHCs, VA, future awards to grow network

COMMUNICATIONS & COMMUNITY NETWORK

Comms, marketing, & design expertise; Engagement coordination & community partners network

Wondros, HCM, 25 community partner orgs, future awards to grow network

Current Consortium Members: DV & HPO networks, Comms & Engagement

DV Network

(Direct Volunteers)



Biobank



HPO Network

(Health Care Provider Organizations)

RMCs

California Precision Medicine Consortium

Illinois Precision Medicine Consortium

New England Precision Medicine Consortium

Trans-American Consortium for the Health Care Systems Research Network

New York City Precision Medicine Consortium

Southern All of Us Network

SouthEast Enrollment Center

UC San Diego Health



All of Us, Wisconsin

University of Arizona

University of Pittsburgh

FQHCs (Federally Qualified Health Centers)

VA Medical Centers



Communication & Engagement

WONDROS



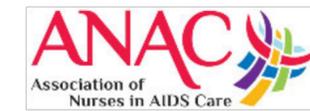
Platform Development



WONDROS



Current Consortium Members: Community Partners Network



Summary: Version 1 of Protocol Currently Underway



Enroll, Consent & EHR

- Recruit 18+ years old initially; plan to include children in next iteration
- eConsent or paper long-form
- Participants complete additional authorization to share EHR data



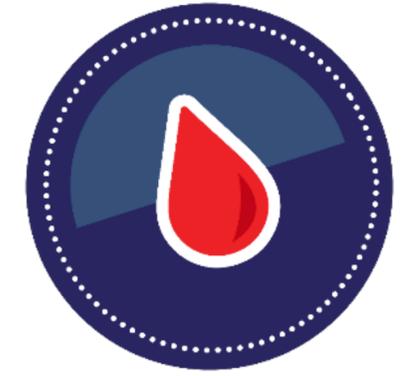
Surveys

- Three initial participant provided information modules: The Basics, Overall Health, & Lifestyle



Physical Measurements

- Blood pressure
- BMI
- Heart rate
- Height
- Hip circumference
- Waist circumference
- Weight



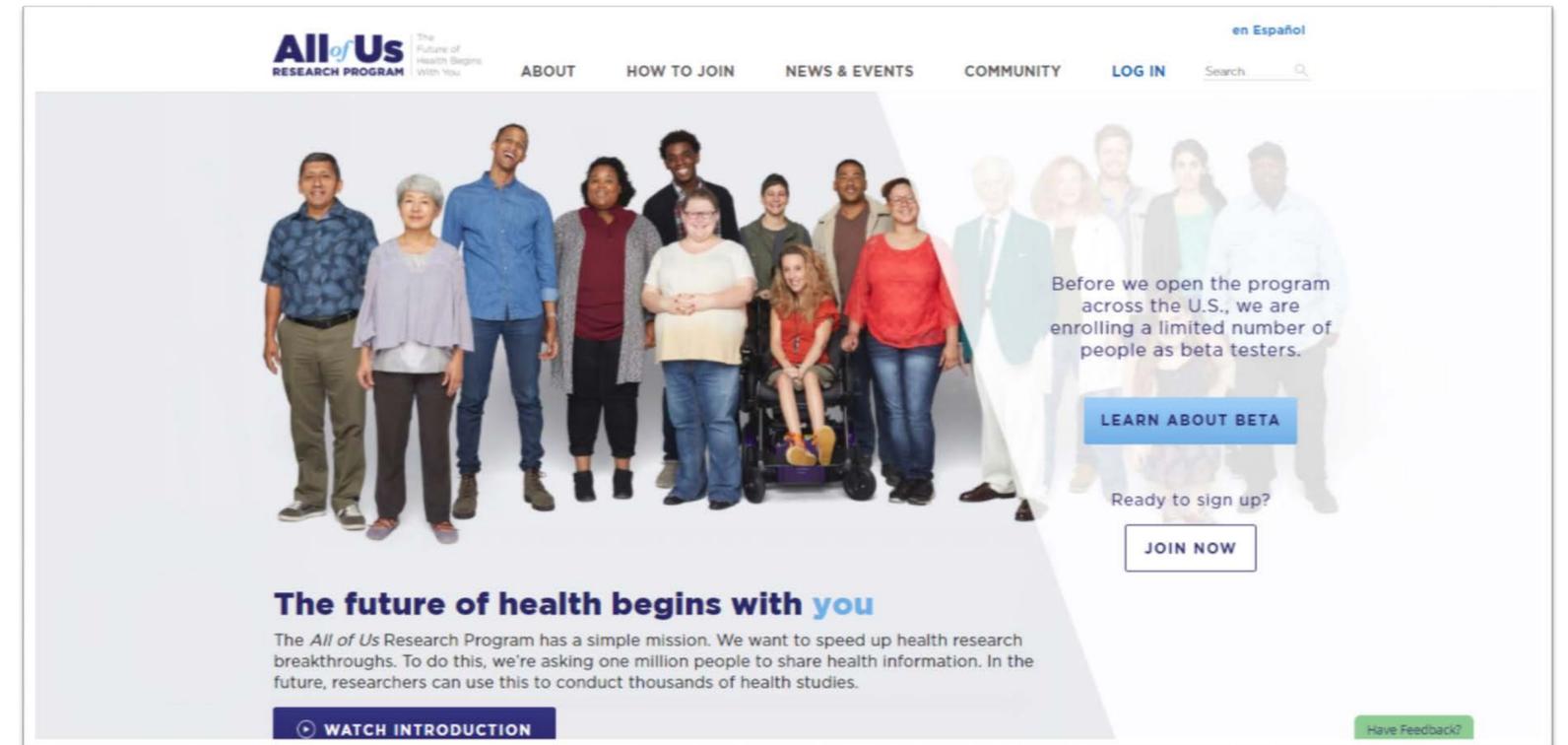
Biosamples

- Blood (or saliva, if blood draw is unsuccessful)
- Urine
- 28 aliquots of blood and 6 of urine stored in Biobank

Updates on accomplishments & current status

We are wrapping up a beta phase right now—about to launch nationally

- Initial goal of beta: enroll 10-15,000 participants who can give feedback on all aspects before national launch
- Ramp over 100 locations around the country slowly, carefully week by week
- Test & iterate the initial protocol, call center, online tools & interfaces, language of consent & questionnaires, workflow for staff at each location, biobank shipments, etc.

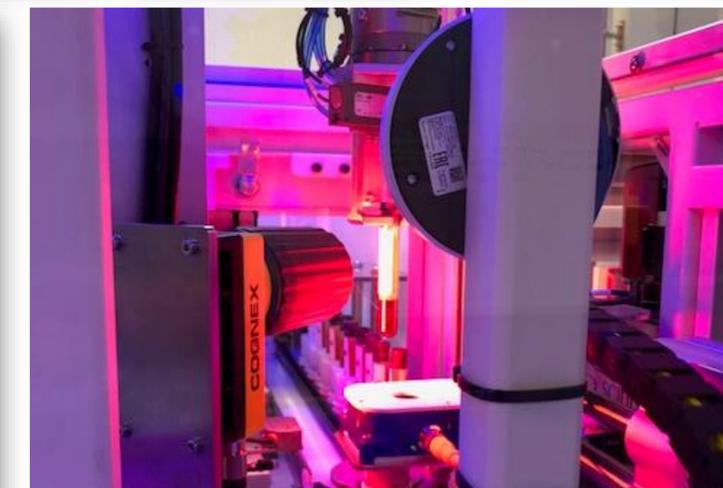
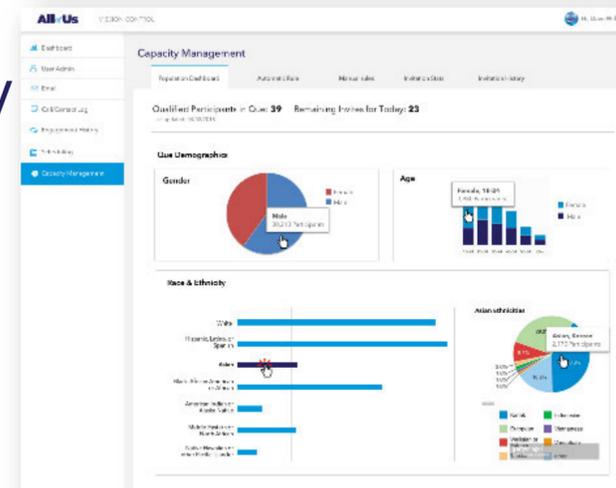
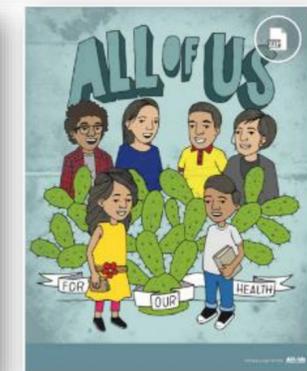
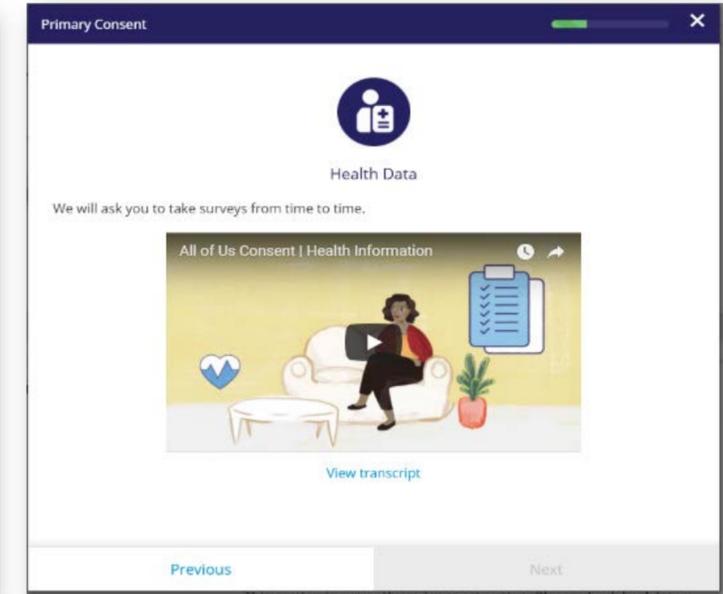
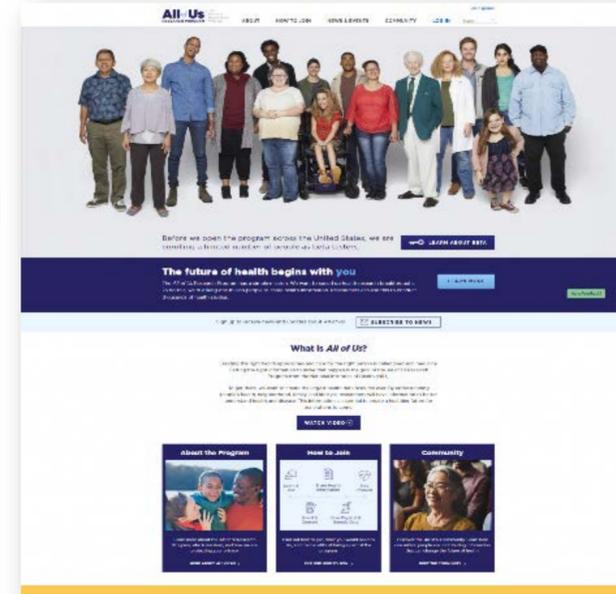


<https://www.joinallofus.org/>

We have >40,600 participants at some stage of the process, of whom >24,000 have completed the full protocol. After national launch, we will only report # of participants who have completed all available protocol modules.

Consortium accomplishments since May 2016 kickoff...

- **Successful beta phase (real people, protocol, tools, data)**
 - 115+ HPO & DV sites now enrolling in 18 states
 - >40k participants in process now, >25k completed V1 protocol
 - ~73% are under-represented in biomedical research
- **Participant-facing tools are tested & well-honed**
 - Completed final usability, security, bug bashing, and surge testing of JoinAllofUs.org & Participant Portal
 - Support Center ready: 600 contacts/day, English/Spanish
 - 1,800+ pieces of collateral developed & IRB approved – including materials to engage diverse communities
- **Staff-facing infrastructure tested & improved during beta**
- **Databank in public cloud receiving EHR + survey data**
- **Biobank already >710k tubes, process ~10k new tubes/day**
- Working early prototype for **Research Portal** exists now
- **25+ Community & provider partners** ready for outreach



On track national launch coming on Sunday, May 6th! (Press telebriefing on May 1st—contact AllofUsPress@mail.nih.gov)

Major parts of national launch to create “grass roots” awareness of PM & AOU

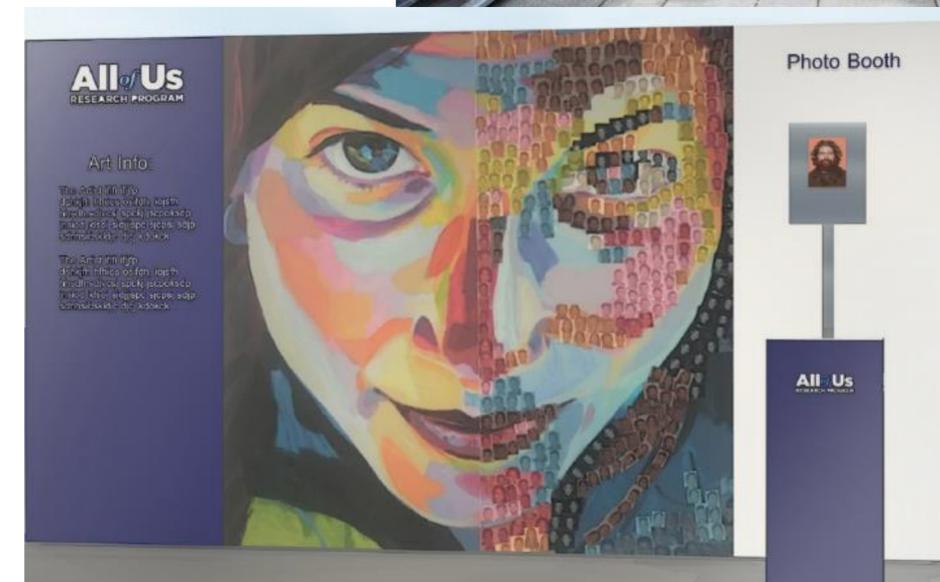
Seven sites host half-day, simulcasted events that include:

- **Speakers program:**
 - One-hour livestreamed program at all sites
 - Representative of local community – participants, cultural performances, luminaries
 - Dr. Francis Collins, Eric Dishman, Dr. Dara Richardson-Heron at two sites, remarks simulcasted live
- **Community educational fair:**
 - Interactive *AOU* booth - engage with program staff, begin digital enrollment, branded giveaways
 - Local vendors: farmer’s market, cooking demonstration, health screenings
- **Art activation:**
 - One local artist at each site creates interactive, collaborative community portrait



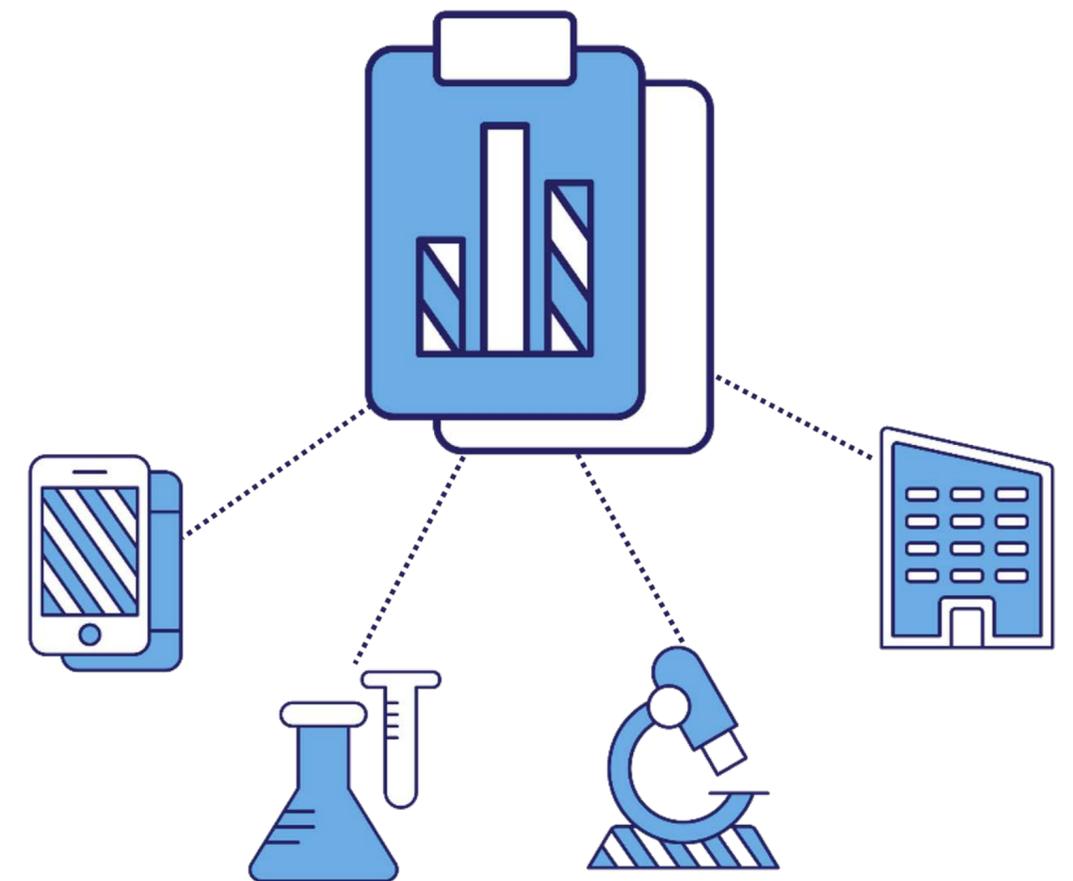
The simulcasted events will be supported by:

- **Facebook Live speakers program:** produced like broadcast television, to occur before streaming of simulcasted sites
- **Community events:** organized by many NIH champions, *AOU* consortium members, advocates, etc. using *AOU*’s “event-in-a-box toolkit”
- **National & local print, broadcast, and social media strategy**



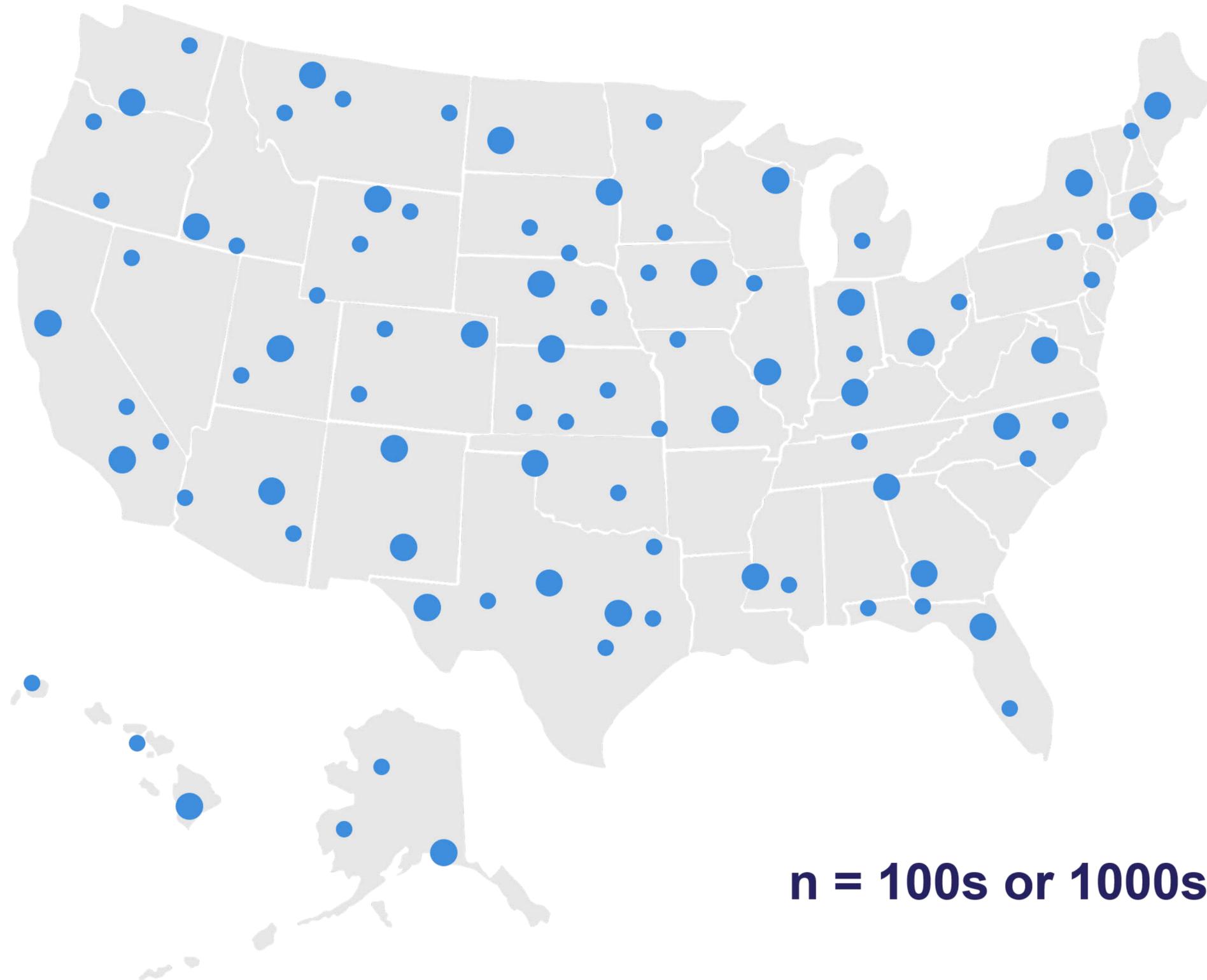
Good progress on principles, policies, infra for Research Portal launch in '19

- **Broad access:** researchers from all sectors, open up to community colleges, citizen scientists, etc.
- **Data passport:** researcher based (not project based)
- **Access** will be granted by data tiers
- **Data use** will be audited and reported publicly
- **Data stored and used in secure enclave** in cloud, cannot be downloaded, researchers go to the data
- Potentially **stigmatizing research** cannot be pre-defined or prevented, but should be addressed by:
 - Transparency on data uses
 - Regular assessment
- Consortium researchers have **no special or early access** to the full dataset



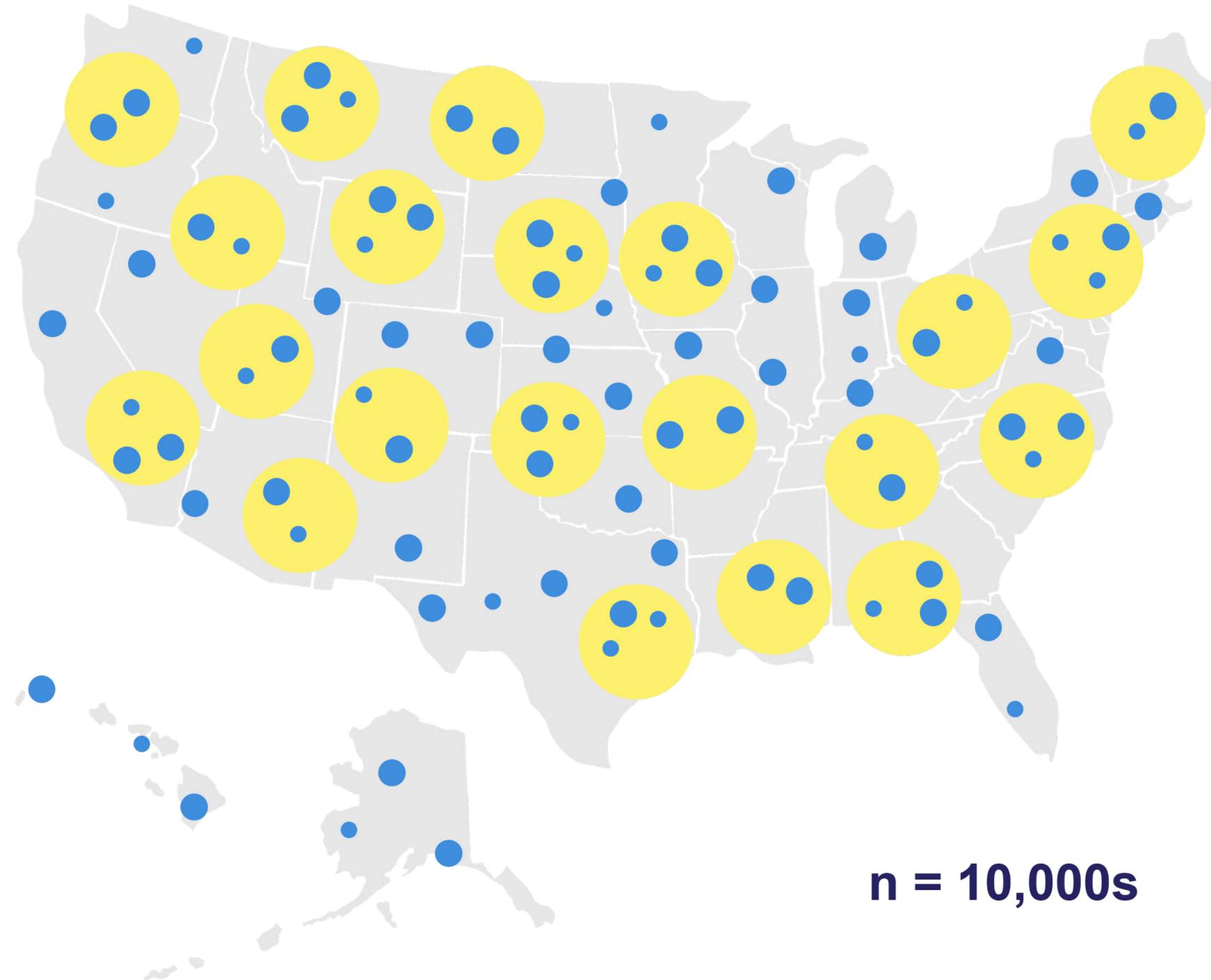
Vision: Towards the end of cohorts as we know them?

Stage 1: Era of Individual Study Silos

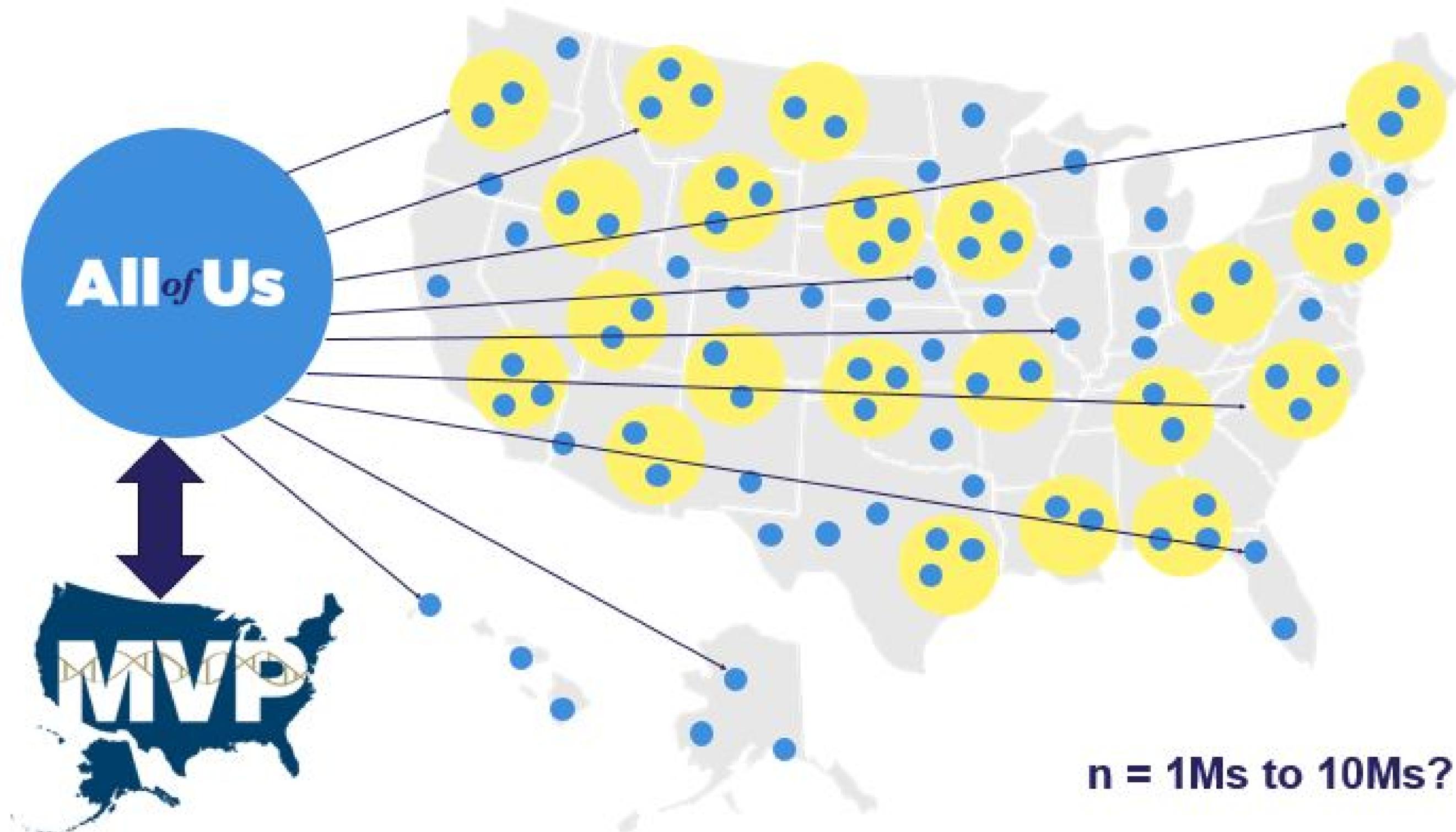


n = 100s or 1000s

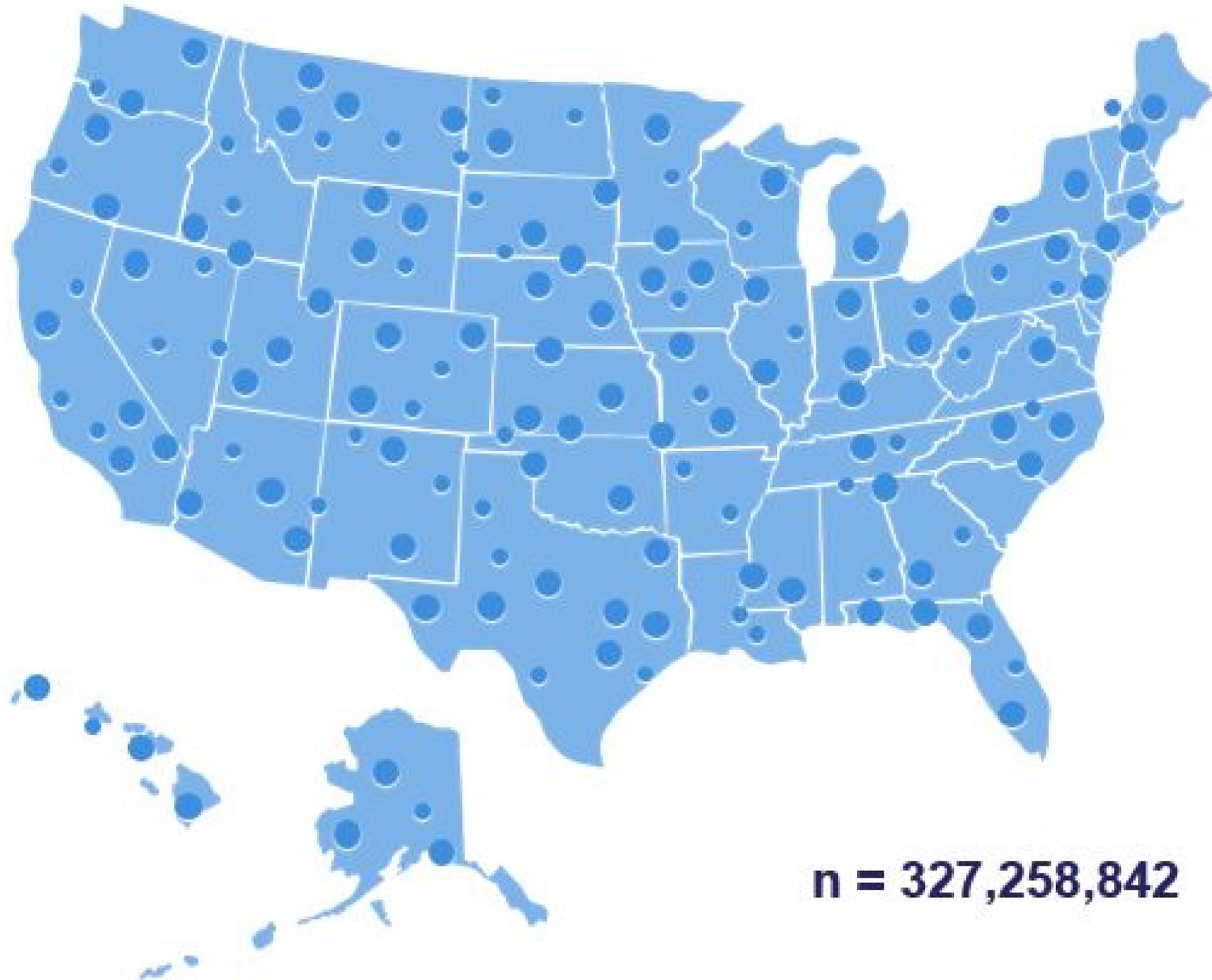
Stage 2: Era of Competitive Consortia (larger silos?)



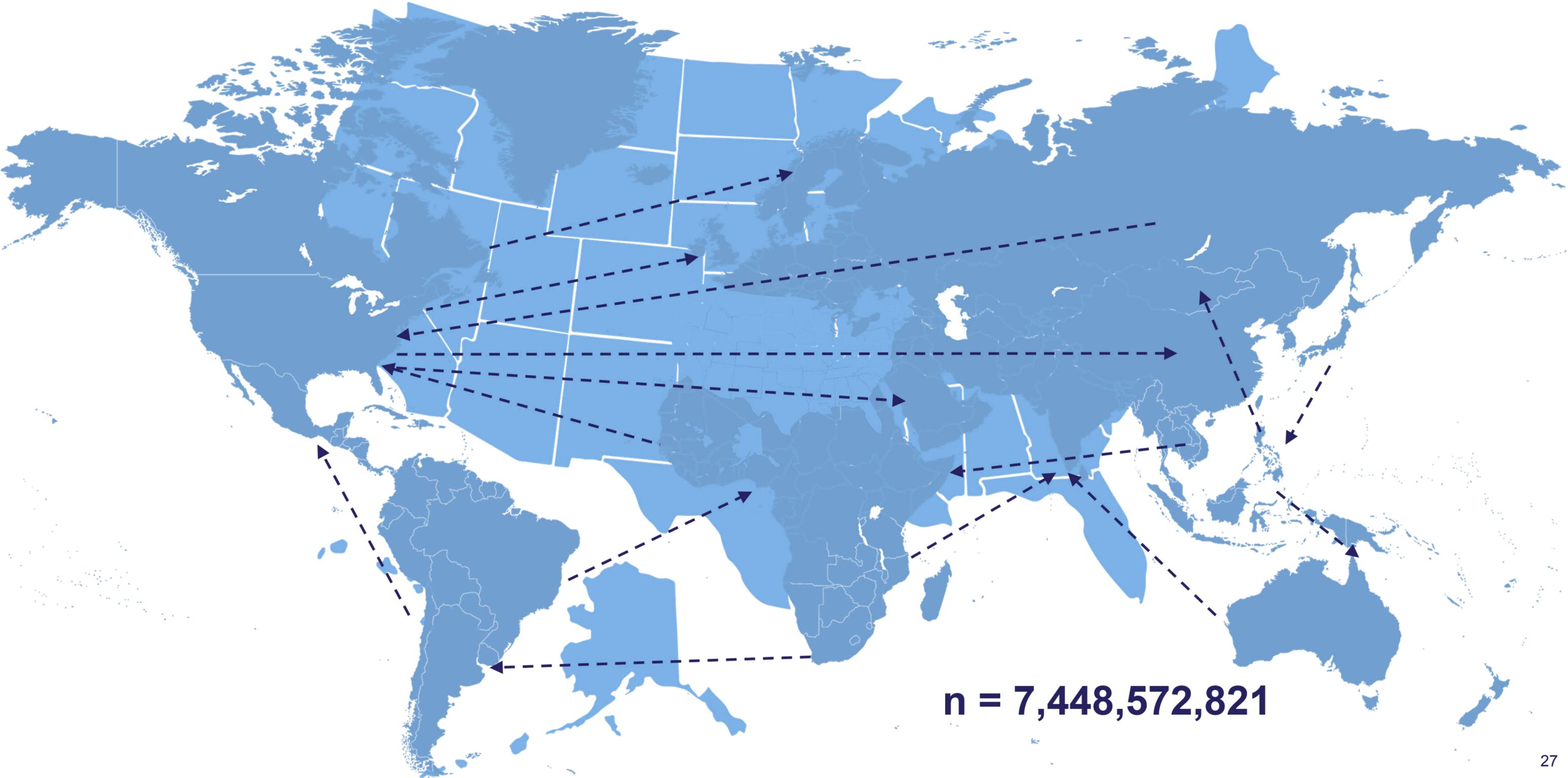
Stage 3: Era of Large Cohorts? (some as silos, some as national resource?)



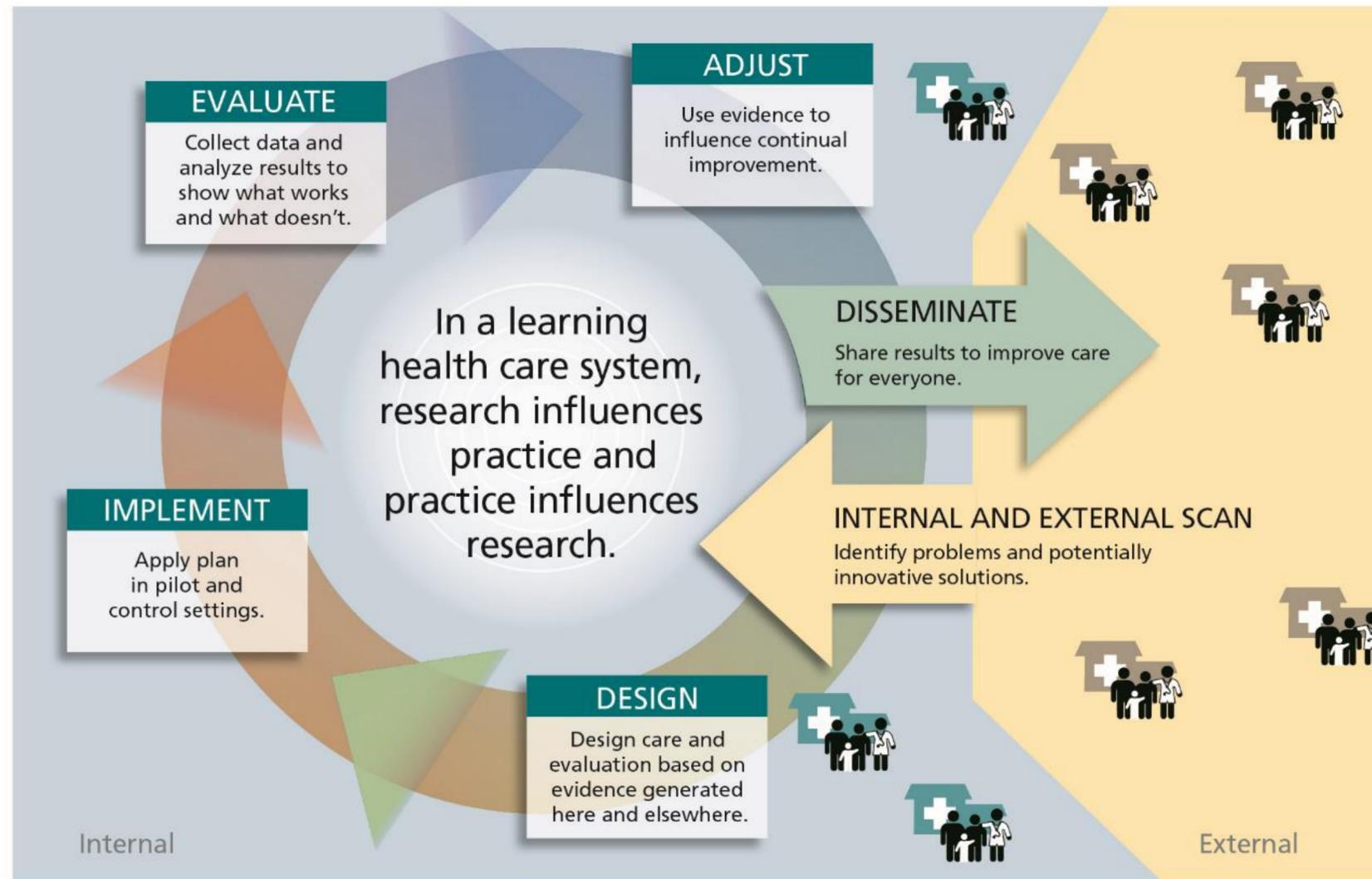
Stage 4: Era of “America as a Cohort?”



Stage 5: Era of a “Universal Cohort” (no silos? no cohorts?)



End State: what many people call a “learning healthcare system”



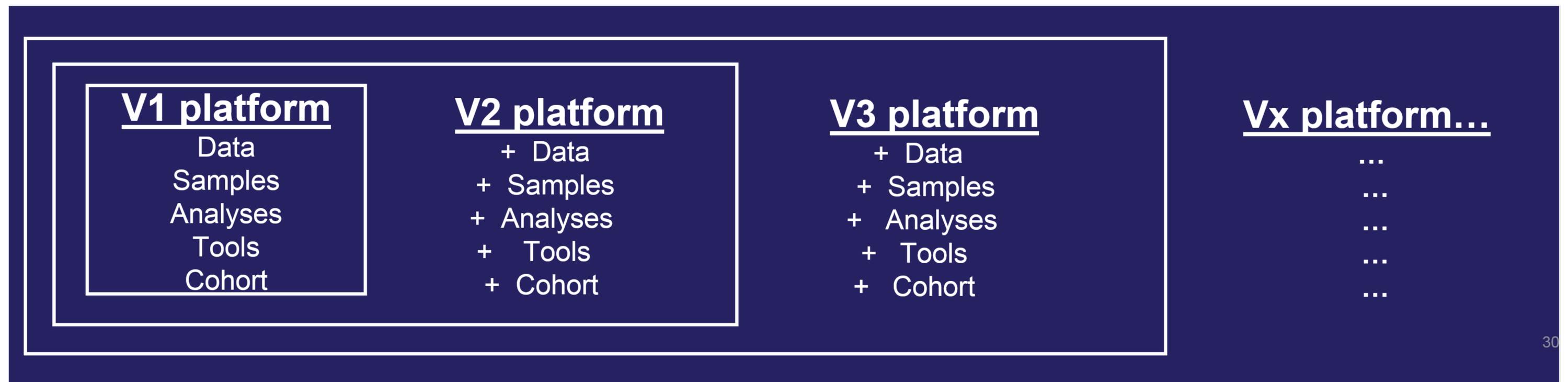
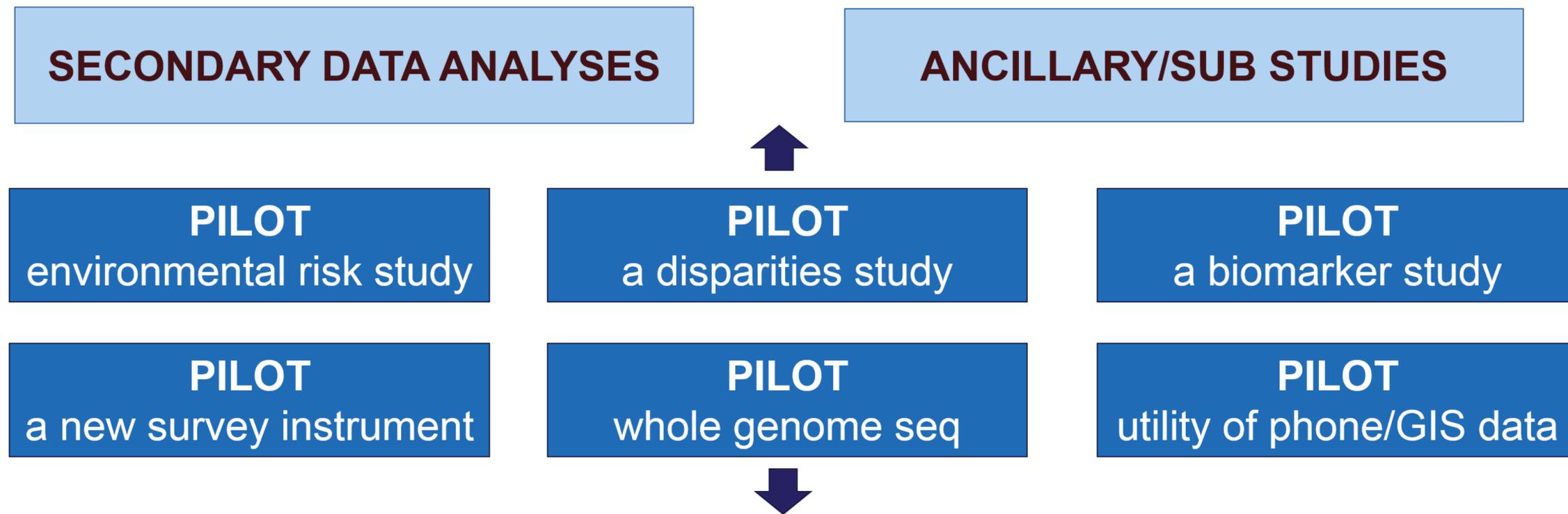
Source: Green SM, et. al., *Ann Intern Med*, 2012



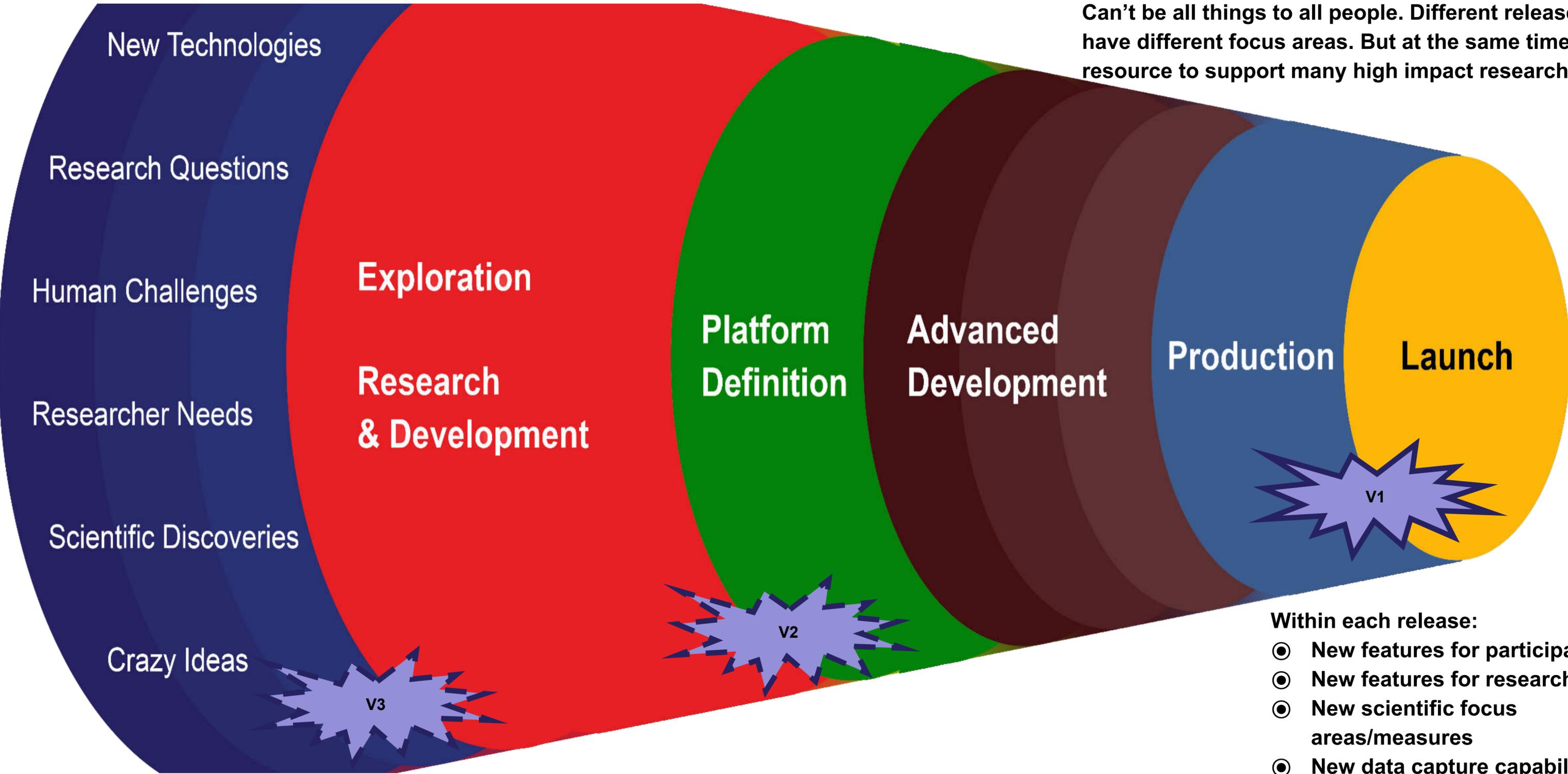
All of Us is an early prototype to learn about the scale of diverse recruitment & retention, open data sharing, responsible return of information, affordable collection & cleaning of new data types...

How do we begin to achieve that kind of vision?

First, Build an Evolving Public Resource that Grows/Generates Lots of Studies



Second, Develop an Iterative Process with Others to Work on Shared Roadmaps



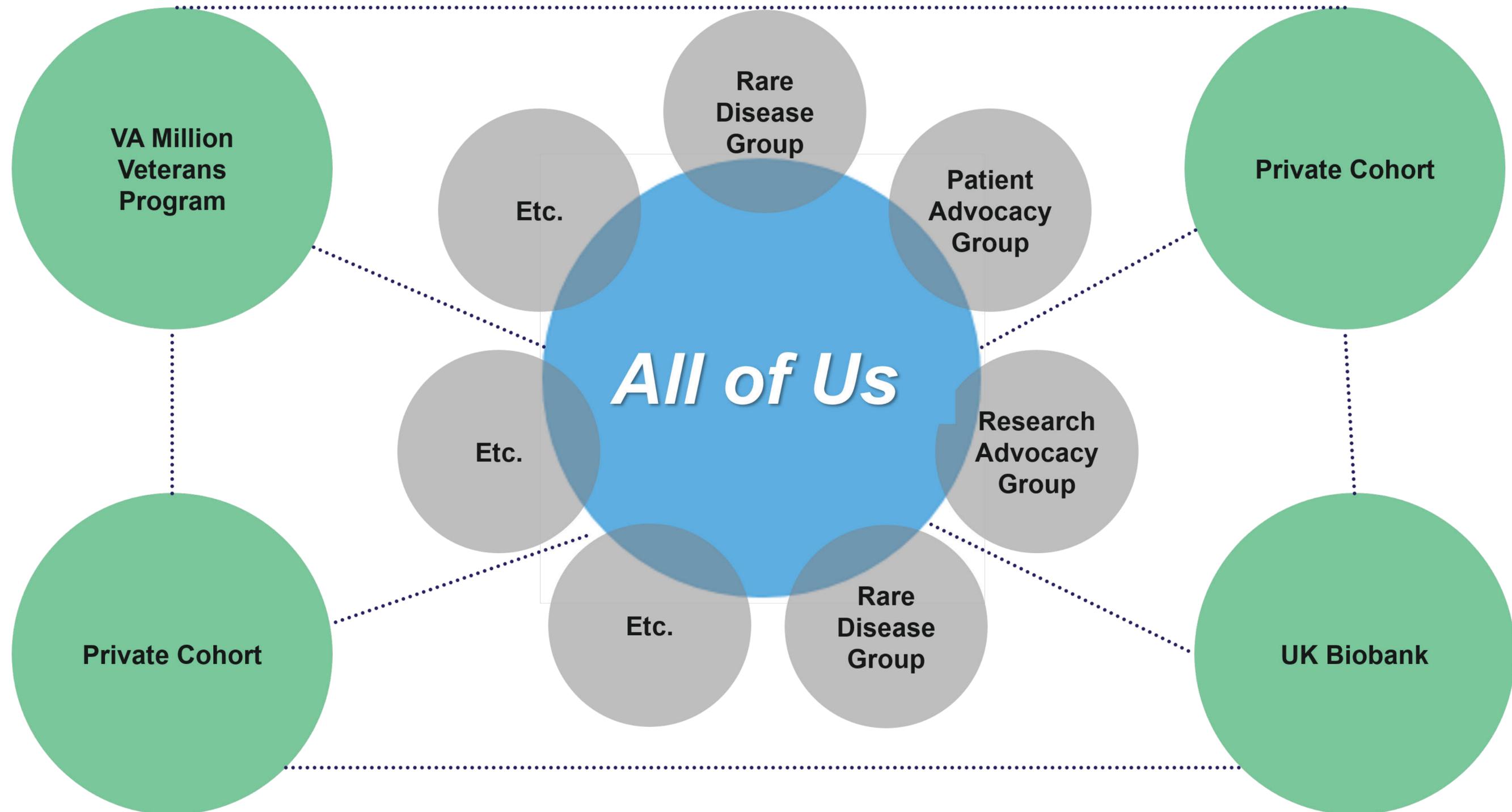
Can't be "AOU's roadmap" in isolation—but invented & developed with NIH & research partners!

(Thank you to the many advocacy organizations who provided requirements!)

- ◉ Adenoid Cystic Carcinoma Research Foundation
- ◉ Alliance for Aging Research
- ◉ Alzheimer's Association
- ◉ American Association on Health and Disability
- ◉ American Cancer Society
- ◉ American Cancer Society
- ◉ American College of Cardiology
- ◉ American Heart Association
- ◉ American Medical Association
- ◉ American Physical Therapy Association
- ◉ American Psychiatric Association
- ◉ Autism Speaks
- ◉ Biotechnology Innovation Organization
- ◉ City of Hope
- ◉ COPD Foundation
- ◉ Epilepsy Foundation
- ◉ Infectious Diseases Society of America
- ◉ International Alliance for Pediatric Stroke
- ◉ JDRF
- ◉ March of Dimes
- ◉ Michael J. Fox Foundation for Parkinson's Research
- ◉ Muscular Dystrophy Association
- ◉ National Jewish Health
- ◉ National Organization for Rare Disorders
- ◉ National Psoriasis Foundation
- ◉ Sjögren's Syndrome Foundation
- ◉ Society for Maternal-Fetal Medicine
- ◉ Spinal Muscular Atrophy Foundation
- ◉ The LAM Foundation

These just represent attendees' primary affiliations. Many Workshop attendees wore multiple hats.

Fourth, figure out how to drive “franchising” and cross-cohort collaborations!



Key areas of collaboration with the advocacy community

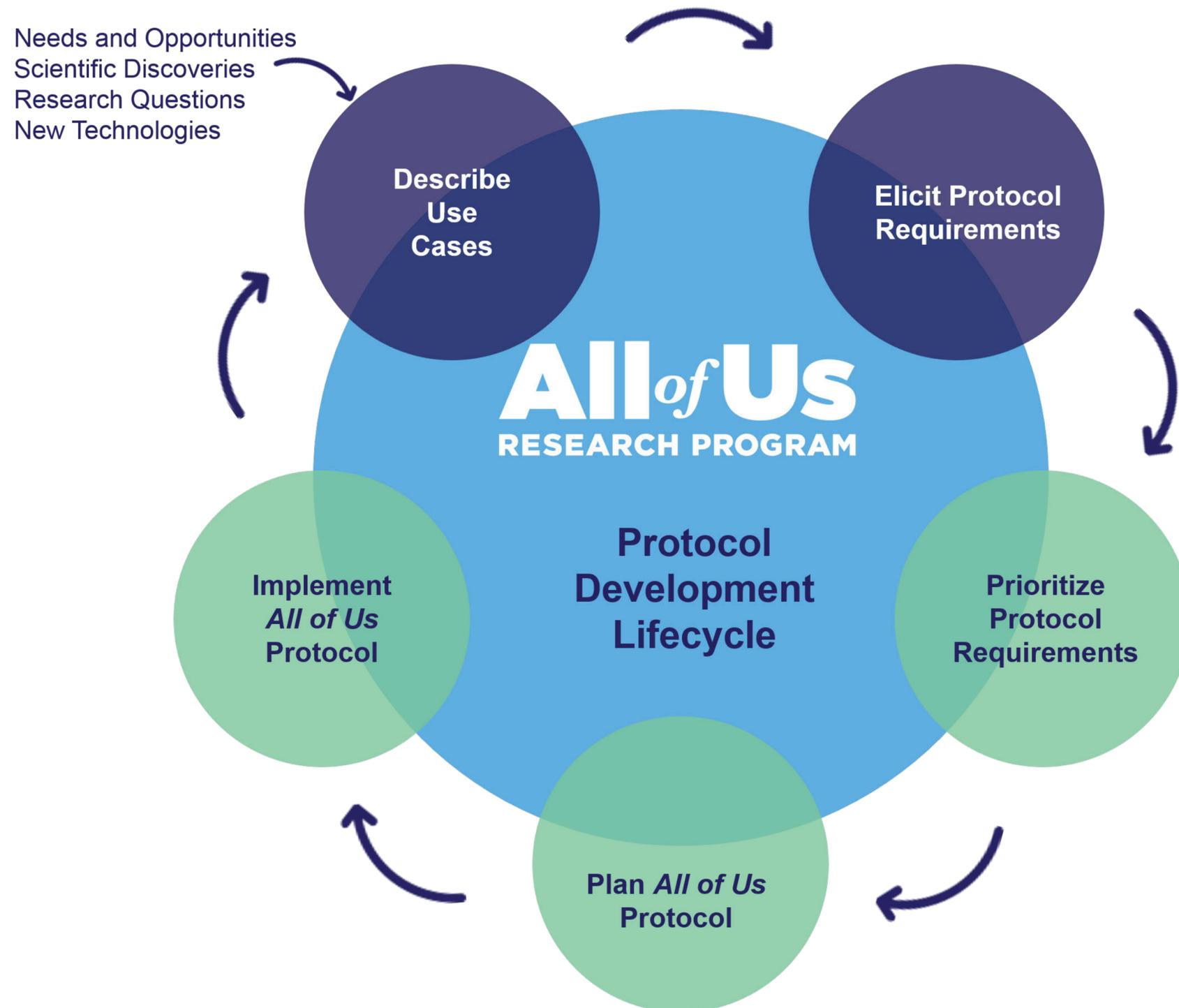
Am *starting* to be able to look beyond national launch to key collaborations

- Shaping the **science** – continue to identify use cases and gather requirements
- Growing the **cohort** – getting the word out, recruitment, & expectations management
- Wooing the **ecosystem** – bring together funders & researchers to leverage the resource in your domain



What are other opportunities you see for partnership between your organization & *All of Us*?

Help shape the science by knowing & sharing your requirements



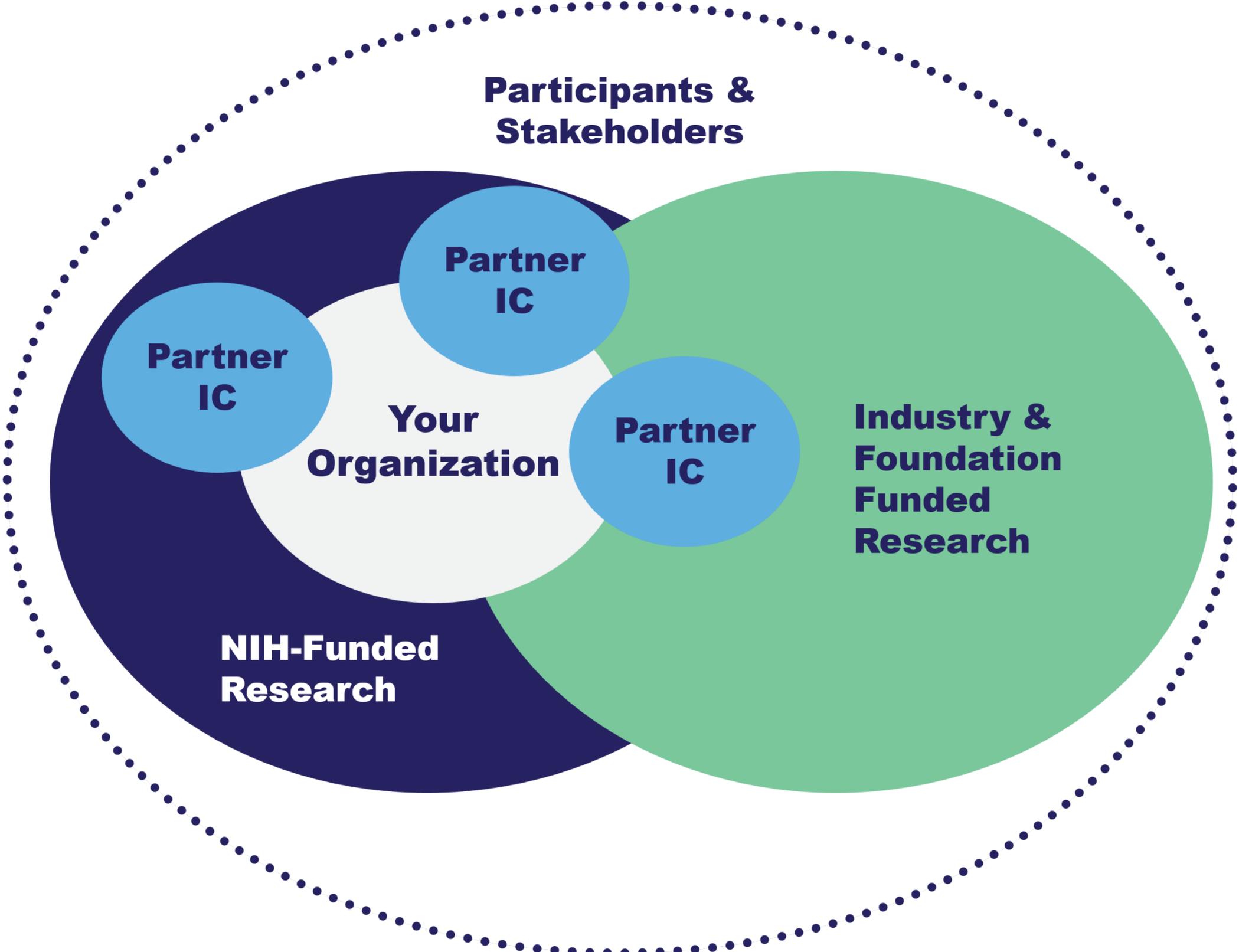
- ◉ Where would you get the biggest breakthroughs with use of this resource?
- ◉ What kinds of requirements to data types would you need for those?
- ◉ Can they practically and economically be collected, stores, for 1M people?
- ◉ Which are for subsets/ancillary studies?
- ◉ Do you have a sense of a roadmap over time—near, within a couple of years, 5+ years?
- ◉ Is there a coalition/forum of multiple advocacy groups who work in common on these big problems?

Help grow the cohort by getting word out & helping to manage expectations

1. Understanding what precision medicine is (early days, great promise, no “one size fits all”)
2. “AOU is open for business” (no longer need a special code to enroll in AOU after May 6th)
3. Value of this public resource (no more silos, open access, unprecedented scale)
4. Importance of a diverse cohort scientifically (gaps in scientific record, gaps in cures)
5. The power of collecting diverse data types (behavioral, social, genetic, clinical, environ)
6. Power of longitudinality (understand complex changes & causes over the lifestage)
7. Importance of collaboration and sharing of cohorts (larger sample size, rare disease)
8. Potential value to individuals who decide to volunteer (giving back, access to own info)
9. Challenge & promise of rich electronic health records (still too hard, takes time to get)
10. Challenge & promise of genomics (early days, lots we don't understand, expensive)

Do you have advice on how to communicate these messages and to successfully manage the expectations of participants & broader stakeholder community?

Help woo an ecosystem to leverage this national resource in your domain



Thank you

Engaging with *All of Us*

All of Us Research Program Core Values

- ⦿ Participation in the *All of Us* Research Program will be **open** to interested individuals.
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- ⦿ The Program will be a catalyst for **innovative research** programs and policies.

UNDERREPRESENTED IN BIOMEDICAL RESEARCH

**Build Trust, Be Authentic, and
Create Value**



Engaging at Launch and Beyond

- ⦿ Post program information on your organization's social media channels
- ⦿ Follow *All of Us* on social media and retweet program content
- ⦿ Include information about *All of Us* in a weekly or monthly digital newsletter
- ⦿ Write and post a blog about the importance and value of *All of Us*
- ⦿ Host an in-person community event or conference call/webinar with network or partners
- ⦿ Distribute *All of Us* info flyers, posters, etc. at a meeting, conference, or event
- ⦿ Become a program Champion
- ⦿ Promote the national launch online experience including the live webcast
- ⦿ Share a recap about the national launch in digital or print newsletters

Community Resources (JoinAllofUs.org)



The Future of Health Begins With You

en Español

ABOUT

HOW TO JOIN

NEWS & EVENTS

COMMUNITY

LOG IN

Search



Home > Community > Community Resources

Community Resources

The *All of Us* Research Program offers free downloadable materials to help community members spread the word about the program.

For questions about these resources or how to use them, please contact AllofUsEngagement@nih.gov.

Downloadable PDFs



We're calling on one million people to lead the way toward better health.

What is precision medicine?
Precision medicine is health care that is based on you as an individual. It takes into account factors like where you live, what you do, and your family health history. The goal is to be able to tell people the best ways to stay healthy. If someone does get sick, precision medicine may help health care teams find the treatment that will work best.

How long will All of Us last?
All of Us may last for at least 30 years. We hope you will stay involved over time. If you join, you can withdraw ("opt out") at any time for any reason without penalty.

Why should I join All of Us?
You will be contributing to research that may improve health for everyone. Here are some examples of what researchers might be able to discover:
• Better tools to see if people are sick or at risk of getting sick.
• Better mobile apps to encourage healthy habits.
• Better medicine or information about how much of a medicine is right for each person.

What is the All of Us Research Program?
The All of Us Research Program is a large research program. The goal is to help researchers understand more about why people get sick or stay healthy. People who join will give us information about their health, habits, and what it's like where they live. By looking for patterns, researchers may learn more about what affects people's health.

How do I join All of Us?
The All of Us Research Program is now in beta testing. Once the program is fully launched, there will be three ways to join:
• Visit the All of Us website (allof.us).
• Download the All of Us app.
• If you get health care at one of our affiliated health care provider organizations, you can join there.

Because All of Us is research, you will be asked to complete an informed consent process. This process tells more about what is involved and the risks and benefits of joining.

What will you ask me to do?
If you decide to join All of Us, we will ask you to share different kinds of information. We will ask you basic information that other people will not see, such as research



Program FAQs

Background

What is research?
Research is the process of finding out new things.

What is health research?
Health research is the process of finding out new things about improving people's health.

Why is health research important?
We all want to live long and healthy lives. People who do health research are identifying better preventive care to keep us healthy. And they are discovering new medicines and treatments for when we do get sick.

Participant Experience

What is the Precision Medicine Initiative?
The Precision Medicine Initiative (PMI) is an exciting new program. Our goal is to help researchers learn more about what affects people's health. PMI will give new information and tools to people researching health. Their discoveries may lead to more personalized care and treatments.

What is precision medicine?



FAQs

Q: What is precision medicine?
A: Precision medicine is health care that is based on you as an individual. It takes into account factors like where you live, what you do, and your family health history. Precision medicine's goal is to be able to tell people the best ways to stay healthy. If someone does get sick, precision medicine may help health care teams find the treatment that will work best.

Q: What health information will I need to provide to join the All of Us Research Program?
A: If you decide to join All of Us, we will ask you to share different kinds of information. We will ask you basic information like your name and where you live. We will ask you questions about your health, family history, and what it's like where you live. We will also ask you to share information about your health care history, such as when you were in the hospital or if you were in an emergency room. We will also ask you to share information about your weight, height, hair, and eyes, as well as your skin complexion and hair color. We might ask you to give samples, like blood or urine, at the appointment.

Q: Is participation in the All of Us Research Program a one-time or ongoing activity?
A: Our plans for our study are at least 30 years. We hope you will stay involved for as long as you can. If you do, researchers may better understand what causes changes in your health and what we can do about it. If you can, please answer our survey any time for any reason without penalty.

Q: If I am already enrolled in another study, will I still join All of Us?
A: You can join All of Us in a study if you are not in another health study. If you are already in another study, you may want to talk with your health care team before joining All of Us. All of Us is not a direct test, so you should still be able to join.

Meet our partners
Our partners include medical centers, research institutions, community organizations, and health care providers.

Visit joinallof.us to see a complete list of partners.

Join today!
Join today!
(866) 682-2333

Be one in 1,000,000 for a better future.

Have Feedback?

Questions

Sign-up for updates at joinallofus.org

[@AllofUsResearch](https://twitter.com/AllofUsResearch) [#JoinAllofUs](https://twitter.com/JoinAllofUs)

Email: kim_cantor@hcmstrategists.com