

**Precision Medicine Initiative—All of Us Research Program  
Survey Questions: Lifestyle—English and Spanish Version**

**PMI Survey Module: Lifestyle—English**

Revision Date: June 8, 2017

**Survey Intro Language:**

This survey asks questions about your use of tobacco, alcohol, and drugs. This is to better understand how these things may affect your overall health. Your privacy is very important to us. Your name will be separated from your answers before they are shared with researchers.

It takes about 5 to 10 minutes to answer these questions. Please answer each question as honestly as possible. It is important that you answer as many questions as you can. We are looking for your own answers, and not what you think your doctors, family, or friends want you to say.

Don't feel like you have to spend a long time over each question. The first answer that comes to you is usually the best one. If you aren't sure how to answer a question, choose the best answer from the options given.

**Survey Outro Language:**

Thank you for answering these questions. We know they are very personal.

We want to remind you that your answers will only be shared with approved researchers. Your privacy is very important to us.

Item ID	Ref. Survey	AdminMode	Question Stem	Responses
CU1	TUS-CPS ATS-DLD- 78 MVP	CAPI	Have you smoked at least 100 cigarettes in your entire life? (There are 20 cigarettes in a pack.)	Yes No Don't know/Prefer not to answer
CU2	TUS-CPS ATS-DLD- 78 MVP	CAPI	Do you now smoke cigarettes every day, some days, or not at all?	Every day Some days Not at all Don't know/Prefer not to answer

CAI1	TUS-CPS ATS-DLD- 78 MVP	CAPI	How old were you when you first started regular cigarette smoking?	ENTER AGE: ____ [RANGE: 1–99] Don't know/Prefer not to answer
CQ2	PLCO BRFSS	sPP	In the past, have you ever made a <b>serious</b> attempt to quit smoking? That is, have you stopped smoking for at least one day or longer because you were trying to quit?  <i>If answer is no, don't know or prefer not to answer, skip to question "New Question."</i>	Yes No Don't know Prefer not to answer
CQ4 Revised Question	PLCO ATS-DLD-78 MVP	sPP	If you have completely stopped smoking cigarettes, how old were you when you stopped?	____ AGE STOPPED SMOKING Don't know Prefer not to answer
New Question	MVP		How many years have you or did you smoke cigarettes?	____ Years (0–99) Don't know Prefer not to answer
CQF1 Revised Question	TUS-CPS ATS DLD- 78 MVP	CAPI	On average, how many cigarettes do you smoke per day now? (There are 20 cigarettes in a pack.)	Enter number of cigarettes per day: ____ [RANGE: 1–99] Don't know Prefer not to answer
CQF2b Revised Question	TUS-CPS ATS DLD- 78 MVP	CAPI	On average, over the entire time that you smoked, how many cigarettes did you smoke each day? (There are 20 cigarettes in a pack.)	Enter number of cigarettes per day: ____ [RANGE: 1–99] Don't know Prefer not to answer
NCTP1	PATH	ACASI	Have you ever used an electronic nicotine product, even one or two times? (Electronic nicotine products include e- cigarettes, vape pens, hookah pens, personal vaporizers and mods, e-cigars, e-pipes, and e-hookahs.)	Yes No Don't know/Prefer not to answer

NCTP1a	PATH	ACASI	Do you now use electronic nicotine products...?	Every day Some days Not at all Don't know Prefer not to answer
NCTP2	PATH	ACASI	Have you ever smoked a traditional cigar, cigarillo, or filtered cigar, even one or two puffs?	Yes No Don't know/Prefer not to answer
NCTP2a	PATH	ACASI	Do you now smoke a traditional cigar, cigarillo, or filtered cigar...?	Every day Some days Not at all Don't know/Prefer not to answer
NCTP3	PATH	ACASI	Have you ever smoked tobacco in a hookah, even one or two puffs?	Yes No Don't know/Prefer not to answer
NCTP3a	PATH	ACASI	Do you now smoke hookah...?	Every day Some days Not at all Don't know/Prefer not to answer
NCTP4	PATH	ACASI	Have you ever used smokeless tobacco products, even one or two times? (Smokeless tobacco products include snus pouches, Skoal Bandits, loose snus, moist snuff, dip, spit, and chewing tobacco.)	Yes No Don't know/Prefer not to answer
NCTP4a	PATH	ACASI	Do you now use smokeless tobacco products...?	Every day Some days Not at all Don't know/Prefer not to answer

#PPILSG2.2

<p><i>Thanks for your answers. The next questions will ask about drinking alcohol. This includes coolers, beer, wine, champagne, liquor such as whiskey, rum, gin, vodka, scotch, or liqueurs, and also any other type of alcohol. This will help researchers better understand how it affects health. As always, your answers are private.</i></p>				
AU1	NESARC	CAPI	<p>In your entire life, have you had at least one drink of any kind of alcohol, not counting small tastes or sips? (By a “drink,” we mean a can or bottle of beer, a glass of wine or a wine cooler, a shot of liquor, or a mixed drink with liquor in it.)</p> <p><i>If No or Prefer not to answer, skip to SU01.</i></p>	<p>Yes No Prefer not to answer</p>
AU01	AUDIT-C		<p>How often did you have a drink containing alcohol in the past year?</p> <p><i>If Never or Prefer not to answer, skip to SU01.</i></p>	<p>Never Monthly or less Two to four times a month Two to three times a week Four or more times a week Prefer not to answer</p>
AU02	AUDIT-C		<p>On a typical day when you drink, how many drinks do you have?</p>	<p>1 or 2 3 or 4 5 or 6 7 to 9 10 or more Prefer not to answer</p>
AU03	AUDIT-C		<p>How often did you have six or more drinks on one occasion in the past year?</p>	<p>Less than monthly Monthly Weekly Daily or almost daily Never in the last year Prefer not to answer</p>
<p><i>Thanks for your answers. Now we’d like to ask you about your experiences with medicines and other kinds of drugs. Some of the substances we’ll talk about are prescribed by a doctor (like pain medications). We only want to know if you have taken them for reasons or in doses other than prescribed. We understand that these are sensitive questions. You may choose not to answer them. However, by providing answers, you are helping researchers better understand how these substances affect health.</i></p>				
SU01	NM-ASSIST		<p>In your LIFETIME, which of the following substances have you ever used?</p>	<p>Select all that apply</p>

			a. Marijuana (cannabis, pot, grass, hash, weed, etc.)	Never Once or twice Monthly Weekly Daily or almost daily Prefer not to answer
			b. Cocaine (coke, crack, etc.)	Never Once or twice Monthly Weekly Daily or almost daily Prefer not to answer
			c. Prescription stimulants for non-medical reasons (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.)	Never Once or twice Monthly Weekly Daily or almost daily Prefer not to answer
			d. Other stimulants (methamphetamine, speed, crystal meth, ice, K2/spice, bath salts, etc.)	Never Once or twice Monthly Weekly Daily or almost daily Prefer not to answer
			e. Inhalants (nitrous oxide, glue, gas, paint thinner, etc.)	Never Once or twice Monthly Weekly Daily or almost daily Prefer not to answer
			f. Sedatives or sleeping pills for non-medical reasons (Valium, Serepax, Ativan, Xanax, Librium, Rohypnol, GHB, etc.)	Never Once or twice Monthly Weekly Daily or almost daily Prefer not to answer

			g. Hallucinogens (LSD, acid, mushrooms, PCP, Special K, ecstasy, etc.)	Never Once or twice Monthly Weekly Daily or almost daily Prefer not to answer
			i. Prescription opioids for non-medical reasons (obana, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Supoxone], etc.)	Never Once or twice Monthly Weekly Daily or almost daily Prefer not to answer
			j. Other [INSERT LANGUAGE FROM SU01j]	Never Once or twice Monthly Weekly Daily or almost daily Prefer not to answer

**Key:** TUS-CPS = Tobacco Use Supplement—Current Population Survey (NCI)

PLCO = Prostate, Lung, Colorectal, and Ovarian Cancer Screening Trial (NCI)

NESARC = National Epidemiologic Survey on Alcohol and Related Conditions (NIAAA)

NSDUH = National Survey on Drug Use and Health (SAMHSA)

CAGE AID = Cut down/Annoyed/Guilty/Eye opener Questionnaire Adapted to Include Drugs